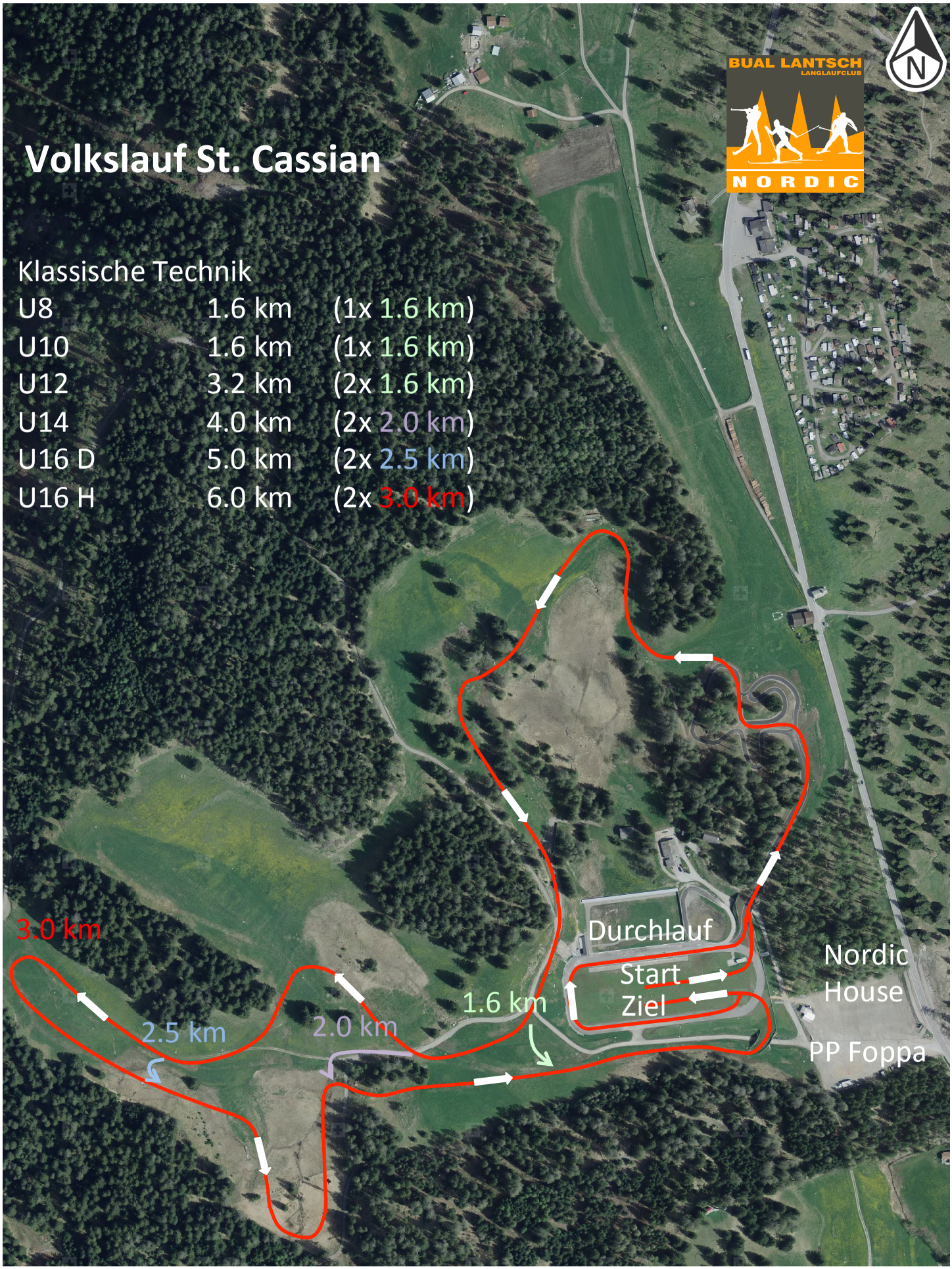
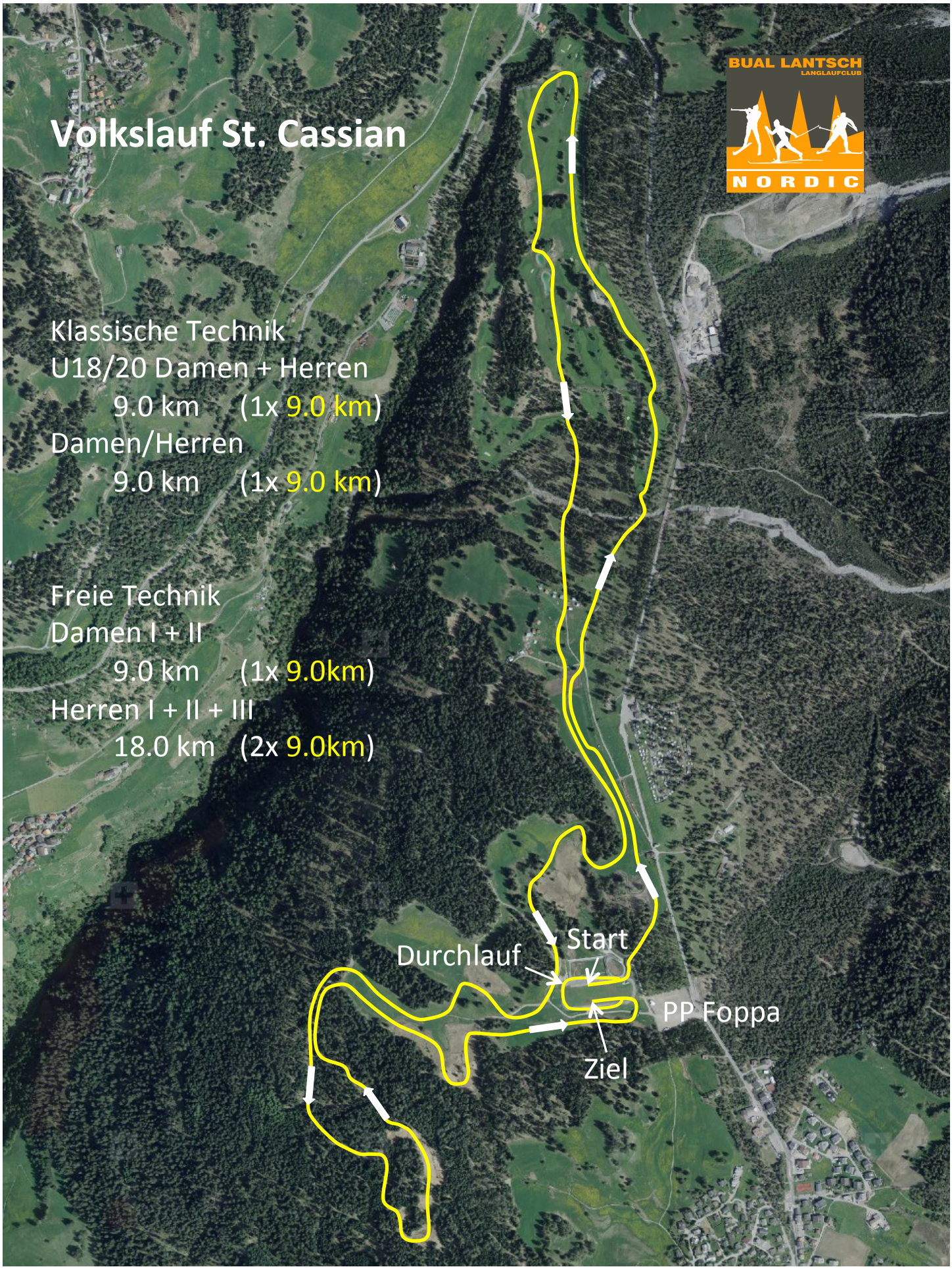
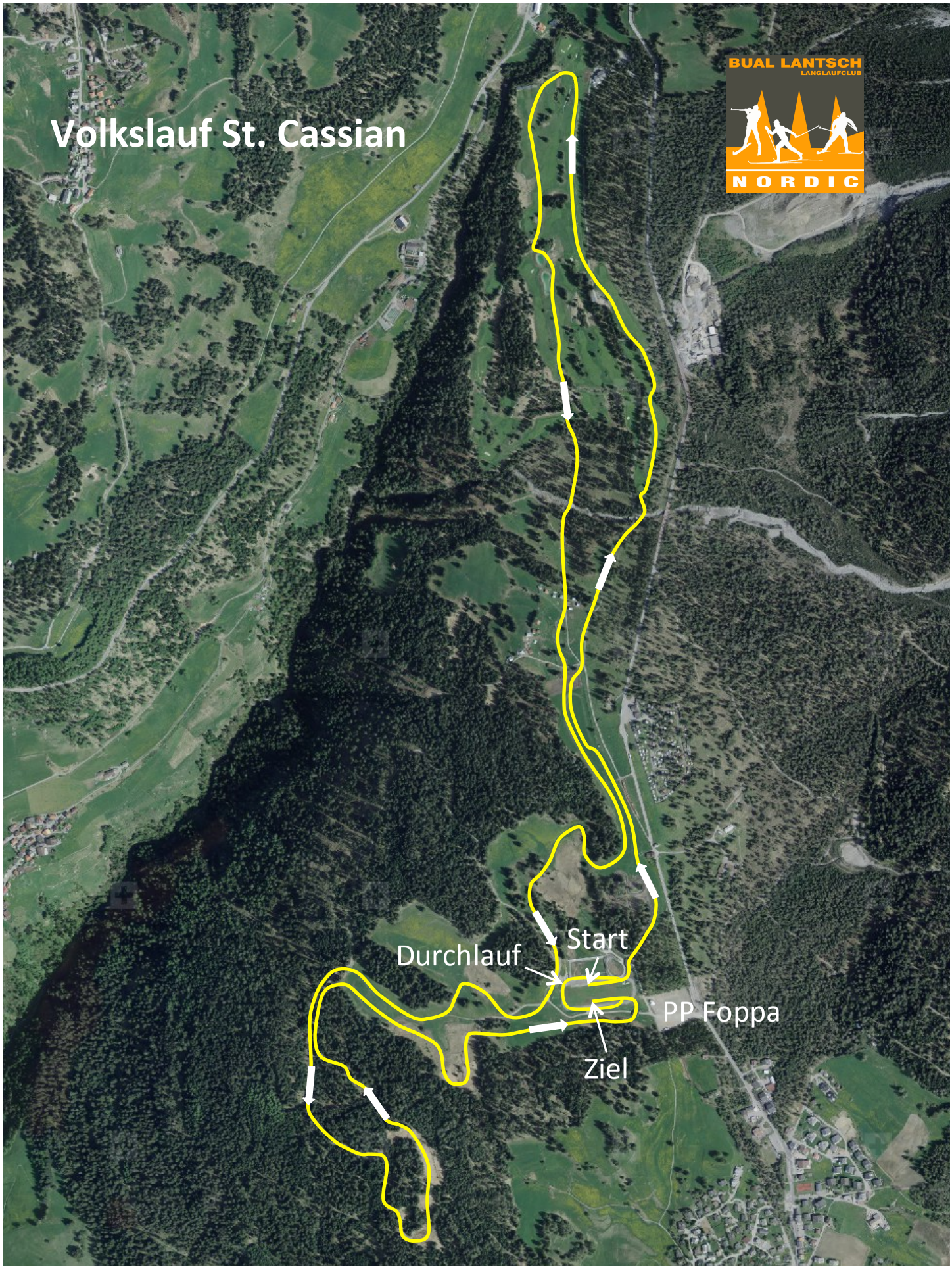

Volkslauf St. Cassian
BUAL LANTSCH
LANGLAUFCLUB
NORDIC
N
Klassische Technik
U8 1.6 km (1x 1.6 km)
U10 1.6 km (1x 1.6 km)
U12 3.2 km (2x 1.6 km)
U14 4.0 km (2x 2.0 km)
U16 D 5.0 km (2x 2.5 km)
U16 H 6.0 km (2x 3.0 km)
3.0 km
2.5 km
2.0 km
1.6 km
Durchlauf
Start
Ziel
Nordic
House
PP Foppa


Volkslauf St. Cassian
BUAL LANTSCH
LANGLAUFCLUB
NORDIC
Klassische Technik
U18/20 Damen + Herren
9.0 km (1x 9.0 km)
Damen/Herren
9.0 km (1x 9.0 km)
Freie Technik
Damen I + II
9.0 km (1x 9.0km)
Herren I + II + III
18.0 km (2x 9.0km)
Durchlauf
Start
PP Foppa
Ziel


Volkslauf St. Cassian
BUAL LANTSCH
LANGLAUFCLUB
NORDIC
Durchlauf
Start
PP Foppa
Ziel